

## Pre-Travel Checklist

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- All travelers graduate and undergraduate students must register in Cornell's Travel Registry: [www.travelregistry.cornell.edu](http://www.travelregistry.cornell.edu)
- Become knowledgeable about risks in location. Visit these sites for researching your destination:
  - Center for Disease Control: <https://www.cdc.gov/outbreaks/index.html>
  - Insight
- Verify your health insurance covers you or purchase additional coverage, or you must purchase additional coverage:
  - Students covered by the Cornell Student Health Plan (SHP) can locate participating providers using the [DocFind Service](#) available on the [Aetna Student Health](#) website
- Consider purchasing insurance for trip interruption:
  - <https://www.insuremytrip.com/>
- Consider purchasing insurance for property protection:
  - Arthur J. Gallagher & Co. [www.collegestudentinsurance.com](http://www.collegestudentinsurance.com) or call 1-888-411-4911
- Understand how to use UHC Global Emergency Assistance. More information on this in this packet:
  - When filing a case email: [assistance@uhcglobal.com](mailto:assistance@uhcglobal.com)
  - Appropriate when travel is more than 100 miles away from Cornell's campus
- Determine your immunizations by contacting the Travel Nurse at Cornell Health.
- Develop an emergency plan and be available 24/7 to travelers in case of an emergency during the trip.
  - Where would you go in the event of a crisis?
  - Where is your backup location to gather?
  - How would you exit the city/region?
- Know who to contact in the event of an emergency at Cornell:
  - Cornell Police – 607-255-1111
- Determine the conditions of roads and safest routes of travel in the area.