

Student Pre-Travel Checklist (Domestic)

We recognize there are many steps to planning a US-based trip. We have developed a detailed checklist to help simplify the domestic travel process.

Paperwork and documents

Photocopy your driver's license, health insurance card, credit card(s), tickets and other personal documents, and give copies to someone you trust at home. Keep a copy for yourself, separate from the originals.

Scan important documents and email them to yourself.

Ensure a family member and someone in your office has a copy of your travel itinerary and schedule. Advise them on how to best reach you while you're off-campus.

Important documents and items to pack

Valid ID or Driver's License.

All cash, credit cards, and other forms of payment.

Any invitation letters from host organizations or institutions.

Health insurance card.

[] Sufficient cash for out-of-pocket expenses which cannot be charged with a credit card. Keep in mind that credit cards are not always accepted in all rural locations.

[] Copies of air travel, car rental, and hotel reservations.

[] Relevant contact details of [Cornell Police](#), your Cornell faculty/staff contact, and local community partner, in case your itinerary changes or you need emergency assistance.

[] Sufficient quantities of your prescription medical, including extra for any travel delays that may arise. Keep in original containers with corresponding prescriptions.

Notifications and Registrations

[] Let your bank and credit card issuers know your travel plans. Inquire about ATM fees at partner banks.

[] Clear any research with Cornell's [Institutional Review Board of Human Participants](#) or Cornell's [Institutional Animal Care and Use Committee](#), as appropriate.

General Education, Health, and Awareness

[] Review the current US-level medical alerts from the [Centers for Disease Control](#) and/or other reliable sources for your destination. Take appropriate actions, as recommended.

[] Ensure that you are aware of any key dates, holidays, or events that may occur during your visit.

[] Be sure you know the location of the nearest hospital or medical facility in the US county where you are traveling.

Health

[] Visit the [Cornell Health's Travel Clinic](#) (fee applies) to ensure that:

- You have received all necessary vaccinations.
- You have packed prescription medications to last your entire trip as well as extra dosages for any travel delays.

[] Make sure you understand how Cornell's [student health insurance](#) coverage works off-campus or by checking with your other insurance providers about the approved network of medical professionals.

Safety

[] Review Cornell's [Office of Risk Management](#) for off-campus risk guidance.